

## Rossella Avagliano Trezza (Academic Medical Centre (AMC), Netherlands)

**Title:** Characterization of a newly identified E6AP interacting protein.

### Abstract:

Angelman syndrome (AS) is caused by deletion or mutations of the UBE3A gene. The UBE3A gene encodes an E3 ubiquitin ligase called E6AP that marks proteins with an ubiquitin tag. Ubiquitination of a protein usually results in its degradation by a large protease complex, the proteasome. The inability of mutated E6AP to ubiquitinate its target(s), and hence inadequately mark them for degradation, is believed to cause AS. Several potential substrates of E6AP have been reported, however, most of these potential substrates are not brain-specific and their contribution to the severe neurological phenotype in AS patients remains unclear. Therefore, identification of the critical E6AP target(s) and understanding their mechanistic contribution to the disorder is a first step in developing a therapy for AS. By employing a protein-protein interaction screen we have recently identified several proteins that interact with E6AP. Here, I will describe the techniques applied for their identification and the tools we have to understand the molecular basis of such interactions.

## Art Beaudet (Baylor College of Medicine, USA) & Frank Rigo (ISIS Pharmaceuticals)

**Title:** Towards a therapy for Angelman syndrome by targeting a long non-coding RNA.

### Abstract:

Angelman syndrome is a single-gene disorder characterized by intellectual disability, developmental delay, behavioural uniqueness, speech impairment, seizures and ataxia<sup>1,2</sup>. It is caused by maternal deficiency of the imprinted gene UBE3A, encoding an E3 ubiquitin ligase<sup>3-5</sup>. All patients carry at least one copy of paternal UBE3A, which is intact but silenced by a nuclear-localized long non-coding RNA, UBE3A antisense transcript (UBE3A-ATS)<sup>6-8</sup>. Murine Ube3a-ATS reduction by either transcription termination or topoisomerase I inhibition has been shown to increase paternal Ube3a expression<sup>9,10</sup>. Despite a clear understanding of the disease-causing event in Angelman syndrome and the potential to harness the intact paternal allele to correct the disease, no gene-specific treatment exists for patients. Here we developed a potential therapeutic intervention for Angelman syndrome by reducing Ube3a-ATS with antisense oligonucleotides (ASOs). ASO treatment achieved specific reduction of Ube3a-ATS and sustained unsilencing of paternal Ube3a in neurons in vitro and in vivo. Partial restoration of UBE3A protein in an Angelman syndrome mouse model ameliorated some cognitive deficits associated with the disease.

Although additional studies of phenotypic correction are needed, we have developed a sequence-specific and clinically feasible method to activate expression of the paternal Ube3a allele.

## Friday: Karen Bindels-de Heus, Marie-Claire de Wit (ENCORE Expertise Centre for Angelman Syndrome, Erasmus MC, Sophia Children's Hospital, Rotterdam, the Netherlands)

**Title:** A multidisciplinary expertise centre for Angelman syndrome: Clinical features and genotype-phenotype correlation in a large cohort of children with Angelman Syndrome.

### Abstract:

G.C.B. Bindels-de Heus, MD<sup>1</sup>, C.C. Moor<sup>1</sup>, A. van den Elzen, MD PhD<sup>1</sup>, A.B. Rietman, BSc<sup>2</sup>, L.W. ten Hoopen, MD<sup>3</sup>, P.F.A. de Nijs, MD PhD<sup>3</sup>, C. Navis<sup>4</sup>, H. Diermen-van Gastel<sup>5</sup>, E.J.T.M. van der Louw<sup>6</sup>, L.P.C.M. Mocking<sup>2</sup>, A.S. Brooks, MD PhD<sup>7</sup>, Y. Elgersma, Prof<sup>8</sup>, M.C.Y. de Wit, MD PhD<sup>2</sup>

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### Background

In 2009 the ENCORE Expertise center for rare neurocognitive developmental disorders started a clinic for children with Angelman Syndrome. Patients are seen yearly by a multidisciplinary team. We have seen 90 children at least once by now.

### Objective

To present our multidisciplinary team, our first results and our goals for (future) research, to improve insight into the clinical variation of symptoms, complications and prognosis, and to correlate clinical features and genotype.

### Methods

A cohort of 90 children will be analyzed for the conference. For statistics, uniparental disomy (UPD) and imprinting defect (ID) are grouped, as they are clinically similar and these numbers are small.

### Results

In a pilot study of the first 70 patients, 44 (69%) children had a microdeletion (MD), 13 (18%) UPD/ID and 13 (18%) UBE3A mutation. Mean age at diagnosis was 28 months with a lower age in patients with MD than UPD/ID ( $p=0.001$ ) or UBE3A mutation ( $p<0.001$ ). The head circumference of MD children was smaller than of children with UPD/ID ( $p=0.039$ ). Weight-for-height increased with age ( $p<0.001$ ) and with hyperphagia

Parental Stress  
Normal 40  
AS 80

( $p < 0.001$ ). More children with UPD/ID were able to walk than children with MD (12/13 vs 21/40,  $p = 0.019$ ). Children with MD had a higher incidence of epilepsy (88% vs 69%,  $p = 0.013$ ) and a lower age of onset of epilepsy than in children with UPD/ID ( $p < 0.001$ ). Over 85% of parents reported sleep problems. 26/70 children had language testing. Children with an UPD or mutation scored higher on a non-speech test for communication.

We will present an updated analysis with 20 additional children seen at the clinic by now including their developmental and behavioral profile and first prospective follow-up findings. An update on the communication skills evaluation will be given separately by our speech therapist.

Research goals are prioritized by our clinical findings and the preferences of the parent organizations to include natural history both in child- and adulthood, developmental and behavioral profile, dietary treatment of epilepsy, behavioral treatment of sleep problems, evaluation of communication skills and use of assisted communication methods and motor problems in puberty. We aim to perform translational medication trials of promising treatments in the future.

#### Conclusion

There is phenotypic variability between and within subgroups. Future prospective follow-up analysis will produce more reliable conclusions.

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**Saturday: Karen Bindels-de Heus, Marie-Claire de Wit (ENCORE Expertise Centre for Angelman Syndrome, Erasmus MC, Sophia Children's Hospital, Rotterdam, the Netherlands)**

**Title:** A multidisciplinary expertise center for Angelman syndrome: Presentation of the center, results of the first 5 years and goals for the next 5 years.

#### Abstract:

G.C.B. Bindels-de Heus, MD1, A.B. Rietman, BSc2, L.W. ten Hoopen, MD3, P.F.A. de Nijs, MD PhD3, C. Navis4, H. Diermen-van Gastel5, E.J.T.M. van der Louw6, L.P.C.M. Mocking2, L. Bastiaanse, MD PhD7, M. Valstar, MD PhD7, A.S. Brooks, MD PhD8, Y. Elgersma, Prof9, M.C.Y. de Wit, MD PhD2

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*Correlation between epilepsy & sleep problems*  
*chrouch gait in puberty*  
*frequent waking 54%*

#### Background

In 2009 the ENCORE Expertise center for rare neurocognitive developmental disorders started a clinic for children and in 2014 also for adults with Angelman Syndrome. Patients are seen yearly by a multidisciplinary team. We have seen 90 children and 13 adults at least once by now.

#### Aim

To present our multidisciplinary team, first results and our goals for future care and research.

#### Summary

We will present the Angelman team, follow-up schedule, cooperation with the parent organizations and possibility for patients outside the Netherlands to visit.

We will give an overview of the clinical features and genotype-phenotype correlation of 90 children with Angelman syndrome. Research goals are prioritized by our clinical findings and the preferences of the parent organizations to include natural history both in child- and adulthood, developmental and behavioral profile, dietary treatment of epilepsy, behavioral treatment of sleep problems, evaluation of communication skills and use of assisted communication methods and motor problems in puberty. We aim to perform translational medication trials of promising treatments in the future.

#### Becky Burdine

**Title:** Overview of recent scientific advances in Angelman Syndrome research.

#### Abstract:

Becky Burdine will give a brief genetics 101 on the causes of AS, followed by an overview of the strategies scientists are currently using to look for therapeutics in AS. Becky will also provide a summary of updates about the science presented the day before - followed by any questions and answers.

#### David Clayton (Queen Mary University of London, UK)

**Title:** Birdsong communication and learning.

#### Abstract:

Songbirds communicate through vocalizations they learn. Here I will review the many parallels between birdsong learning and human speech and language learning. These include the progression of learning during juvenile life, and similarities in the underlying neural control circuits. The major songbird species used in laboratory research is the zebra finch. Experiments in the zebra finch have already shown that genes implicated in human learning and language development also play roles in song learning. A focus for the future is to determine whether song learning ability can be promoted or reactivated in adult zebra finches, after the end of the normal juvenile learning period. Thus the zebra finch may serve as a uniquely relevant model for Angelman syndrome research.

*Zebra Finch (Lutra)*  
*vocal learning*

**Jill Clayton-Smith (Manchester University, UK)**

**Title:** Using Newer Genetic Technologies to Diagnose Angelman-Like Disorders.

**Abstract:**

Jill Clayton-Smith, Beverley Anderson, Jill Urquhart Manchester Centre for Genomic Medicine. St Mary's Hospital, Manchester, M13 9WL. Jill.Clayton-Smith@cmft.nhs.uk Angelman syndrome (AS), first described by Harry Angelman in 1965 is a neurodevelopmental disorder characterised by intellectual disability, ataxia, seizures with abnormal EEG, absent or very limited speech, sociable disposition and subtle, but characteristic facial features. The condition is caused by a number of genetic mechanisms which all interfere with the expression of the maternally expressed UBE3A gene at chromosome 15q11-13. Within the cohort of children clinically diagnosed as having Angelman syndrome, researchers have always traditionally included a group of individuals with typical clinical presentations, but where no genetic abnormality affecting the AS locus can be found. In some studies these are referred to as the "quadruple none" group as they lack deletions, uniparental disomy, imprinting defects and UBE3A mutations. Explanations put forward for this group include the existence of a second AS gene, lack of sensitivity of the available tests, mosaicism and the presence of AS phenocopies. We recruited a cohort of 120 patients with a clinical diagnosis of AS but no genetic diagnosis and reviewed clinical features, performed array CGH studies and sequenced a panel of 60 genes for AS-like disorders. In some, where these results were negative we also carried out whole exome sequencing. We present the genetic findings in this cohort which reveal that the main explanation for the "quadruple none" cases is that these individuals have alternative diagnoses, and we discuss the clinical clues to diagnosis of these disorders.

**Rosie Conroy**

**Title:** Medical problems and provision of care for patients with Angelman Syndrome

**Abstract:**

In 2010, the Dyscerne Angelman Syndrome guidelines were created to provide clear and evidenced-based recommendations for the management of patients with AS. Since its publication, there has been no formal review of the guidelines. As such this study aimed to verify the content of the information in the Dyscerne guidelines and audit current compliance with recommendations. Distributed via the UK's Angelman charity, ASSERT, parents and carers of patients with AS completed an anonymous online questionnaire. Respondents were recruited on an 'opt-in' basis via ASSERT's newsletter and online resources. All 12 sections of the Dyscerne guidelines were audited in accordance with 53 standards. Compliance was recorded as 'poor' (<50%), 'satisfactory' (50-80%) or 'good' (>80%). 27/53 (50.9%) had 'poor' compliance, 9/53 (17.0%) 'satisfactory' compliance and 17/53 (32.1%) 'good' compliance. This study provides an insight

Koolen Syndrome

Kleefstra

1p36 deletion

5q14

involved MEF2C

Mowat Wilson Syndrome

Pitt Hopkins

Rett

into the day-to-day management issues for families of AS patients and highlights many areas of good practice. Despite this, currently the provision of care for AS patients remains suboptimal in some areas.

**Helen Cross (UCL Institute of Child Health, Great Ormond Street Hospital, London)****Title:** Childhood Epilepsy**Abstract:**

Professor Helen Cross is The Prince of Wales's Chair of Childhood Epilepsy and Honorary Consultant in Paediatric Neurology at UCL Institute of Child Health, Great Ormond Street Hospital for Children NHS Trust, London, and Young Epilepsy, Lingfield.

She is currently Clinical Advisor to the Children's Epilepsy Surgery Services (CESS) (2012-present), is Chair of the Medicines for Children Research Network Neurosciences Clinical Study Group (2012-present), Chair of the Evidence Update of the NICE Guidelines for Epilepsy (2013) and was recently elected Secretary General of the ILAE to serve 2013-2017.

She is on the Editorial Board of Epileptic Disorders, Epilepsy Research, Developmental Medicine Child Neurology and European Journal of Paediatric Neurology.

**Ben Distel****(Academic Medical Centre (AMC), Netherlands)****Title:** Structural and functional analysis of Ube3a/E6AP.**Abstract:**

The UBE3A gene encodes the ubiquitin protein ligase E6AP, for which impairment in E6AP-mediated ubiquitination of its target(s) is believed to cause Angelman syndrome. However, the critical neuronal targets of E6AP are still unknown. We have employed yeast two-hybrid screens and comparative ubiquitin-proteomics (Ube3a knock-out versus wild type) to identify novel targets of E6AP. In addition, we have established the tools to validate these targets at the biochemical level. I will present the initial characterization of a newly identified E6AP target, and discuss the role of a structural domain of E6AP in binding of the target. Finally, I will discuss the development of innovative approaches aimed at identifying novel neuronal substrates and regulators of E6AP.

**Matthew During (Ovid Therapeutics, USA)****Friday Title: OVI01: enhancing tonic inhibition as a therapeutic approach to Angelman Syndrome.****Saturday Title: Ovid Therapeutics: A partner committed to making a meaningful difference in the lives of those with Angelman Syndrome and their families.**

AS in adulthood

**Ype Elgersma (Neuroscience Institute, Erasmus University, Netherlands)**

**Title:** Dissociation of locomotor and cerebellar deficits in Ube3a mice

**Abstract:**

Angelman syndrome (AS) is associated with prominent movement and balance impairments, which are widely considered to be of cerebellar origin. Using the cerebellar-specific vestibulo-ocular reflex (VOR) paradigm, we determined that cerebellar function is only mildly impaired in AS (Ube3am<sup>-/-p+</sup>) model mice. These deficits are likely due to reduced tonic inhibition between Golgi cells and granule cells. Purkinje cell physiology, in contrast, was normal in AS mice as shown by synaptic plasticity and spontaneous firing properties that resembled controls. Accordingly, neither VOR phase reversal learning nor locomotion were impaired following selective deletion of Ube3a in Purkinje cells. However, genetic normalization of alpha-CaMKII inhibitory phosphorylation fully rescued locomotor deficits despite failing to improve cerebellar learning in AS mice, suggesting extra-cerebellar circuit involvement in locomotor learning. We confirmed this through cerebellum-specific reinstatement of Ube3a, which prevented cerebellar learning deficits but did not rescue locomotor deficits. This double dissociation of locomotion and cerebellar phenotypes strongly suggests that the locomotor deficits of AS mice do not arise from impaired cerebellar cortex function. Our results provide novel insights into the etiology of motor deficits associated with AS and are important for future trial design in which motor function is an outcome parameter.

**Noelle Germain (University of Connecticut health Centre, USA)**

**Title:** Human Induced Pluripotent Stem Cell Models of Angelman Syndrome.

**Abstract:**

Animal models of Angelman syndrome (AS) have been extremely informative to the research community and have helped us begin to understand the cellular processes involved in AS phenotypes. However, the ideal model for use in understanding how AS is manifested in cells of the human brain and for the development and testing of drug therapies is the human AS neuron itself. Induced pluripotent stem cell (iPSC) technology allows us to transform AS patient samples into pluripotent cell lines that maintain the underlying genetic variants of those individuals. These cells can then be differentiated into functionally mature neurons, which are amenable to genetic and pharmacological manipulations in vitro. We have established human iPSC models of AS both by cellular reprogramming of patient samples as well as by using genome editing technology. I will discuss ongoing work in the Chamberlain lab in which we are utilizing these iPSCs and their neural derivatives to investigate both the process of UBE3A

imprinting in human neurons and the contribution of different UBE3A isoforms to a neuronal phenotype. This work allows us to further establish a human in vitro model system for testing candidate therapies.

**Friday: Ugo Mayor (Ikerbasque, Basque, Spain)**

**Title:** UBE3A substrate identification: past, present and future.

**Abstract:**

Angelman Syndrome (AS) was first described in 1965, but its cause being a missing or mutated maternal contribution of the UBE3A gene, located on chromosome 15q, only discovered in 1997. The molecular basis for this pathology was however not any clearer after the discovery, since the product of the UBE3A gene is an ubiquitin E3 ligase responsible of the attachment of ubiquitin molecules onto its target proteins. E3 ligases can have multiple substrates, and therefore the manifestations of AS could be caused by the misregulation of any of the neuronal substrates of UBE3A. Despite its involvement in many physiological and disease-related processes, ubiquitination usually targets just a small fraction of any given protein, and it is still very challenging to identify this post-translational modification from human samples. The lack of a mammalian model system for both in vivo identification and validation of ubiquitination targets, has meant that several candidate UBE3A substrates reported during the last decade were only validated in vitro, with later in vivo studies contradicting the earlier conclusions. A review of the current state of the field will be presented, including advances by our lab.

**Saturday: Ugo Mayor**

**Title:** What can model animal systems tell us about Angelman Syndrome?

**Abstract:**

Angelman Syndrome (AS) is a neurological disorder without cure and whose symptoms receive a limited treatment. The cause of AS was identified in 1997 to be the mutation in the gene UBE3A, which codes for a ubiquitin E3 ligase responsible of the attachment of ubiquitin molecules onto its target proteins. As of today, we still do not know which proteins are directly regulated by UBE3A. Despite its involvement in many physiological and disease-related processes, ubiquitination usually targets just a small fraction of any given protein, and it is still very challenging to identify this modification from human samples. Since the cell biology of humans is not that different from that of mice and flies, we can use those animal model systems to advance in our biochemical studies. A review of the current state of the field will be presented, including advances by our lab.

*He is a pain in the bum but so is my mother-in-law.*

## Qing-Jun Meng (Manchester University, UK)

**Title:** UBE3A, a E3 ubiquitin ligase that regulates the circadian clock in mammalian cells and flies.

### Abstract:

Nicole C Gossan<sup>1</sup>, Feng Zhang<sup>1</sup>, Baoqiang Guo<sup>1</sup>, Ding Jin<sup>1</sup>, Hikari Yoshitane<sup>2</sup>, Aiyu Yao<sup>3</sup>, Nick Glossop<sup>1</sup>, Yong Q Zhang<sup>3</sup>, Yoshitaka Fukada<sup>2</sup>, Qing-Jun Meng<sup>1\*</sup>  
<sup>1</sup> Faculty of Life Sciences, University of Manchester, Oxford Road, Manchester, M13 9PT, UK. <sup>2</sup> Department of Biophysics and Biochemistry, University of Tokyo, Tokyo 113-0033, Japan. <sup>3</sup> Institute of Genetics and Developmental Biology, Chinese Academy of Sciences, Beijing 100101, China. \*Correspondence to: Qing-Jun.Meng@manchester.ac.uk

Post-translational modifications (such as ubiquitination) of the clock proteins are critical in maintaining the precision and robustness of the evolutionarily conserved circadian clock. Ubiquitination of the core clock transcription factor BMAL1 (Brain and Muscle Arnt-Like 1) has recently been reported. However, it remains unknown whether BMAL1 ubiquitination affects circadian pacemaking, and what ubiquitin ligase(s) is involved. Here, we show that activating UBE3A (by expressing viral oncogenes E6/E7) disrupts circadian oscillations in mouse embryonic fibroblasts, measured using PER2::Luc dynamics, and rhythms in endogenous mRNA and protein levels of BMAL1. Over-expression of E6/E7 reduced the level of BMAL1, increasing its ubiquitination and proteasomal degradation. UBE3A could bind to and degrade BMAL1 in a ubiquitin ligase-dependent manner. This occurred both in the presence and absence of E6/E7. We provide in vitro (knockdown/overexpression in mammalian cells) and in vivo (genetic manipulation in *Drosophila*) evidence for an endogenous role of UBE3A in regulating circadian dynamics and rhythmic locomotor behaviour. Together, our data reveal an essential and conserved role of UBE3A in the regulation of the circadian system in mammals and flies, and identify a novel mechanistic link (UBE3A) between oncogene E6/E7-mediated cell transformation and circadian (BMAL1) disruption.

*orange*

*Jasket on - 20 times*

## Chris Oliver/Mary Heald (University of Birmingham)

**Title:** Difficult behaviour in Angelman syndrome: From description to syndrome sensitive intervention.

### Abstract:

In this presentation we describe a series of research studies in which we have: 1) identified specific behavioural difficulties that are more common in Angelman syndrome than others with intellectual disability, 2) developed and trialled successful proof of principle interventions for some of these specific problems and 3) started to develop a broad intervention strategy that is Angelman syndrome sensitive. We will also describe new research into sleep problems and communication that is

*Activity watch at night, videos - parental stress*

underway at the Cerebra Centre for Neurodevelopmental Disorders.

## Erin Sheldon & Mary-Louise Bertram

**Title:** Getting started with AAC: supporting our sons and daughters to access language.

### Abstract:

Supporting our sons and daughters to access a communication system requires a long-term commitment. The international Angelman parent community has been making this commitment because we so badly want to know the thoughts, dreams, and frustrations our children are experiencing. Mary-Louise and Erin will describe a long-term plan for how every family can join the Angelman family communication revolution! This revolution is grounded in the research into language acquisition and symbol learning through aided modeling. It sounds complicated but it's really not: at its heart, our job is to provide our children with a language they can access when speech is not an option. Come hear firsthand how families are creating this access!

## Ilaria Tonazzini

(NEST, Istituto Nanoscienze-CNR, Italy)

**Title:** Impaired neurite contact guidance in Ubiquitin ligase E3a-Knock Out (Ube3a-KO) neurons.

### Abstract:

Tonazzini I<sup>1,2</sup>, Meucci S<sup>2</sup>, Van Woerden GM<sup>3</sup>, Elgersma Y<sup>3</sup>, Beltram F<sup>2</sup> and Cecchini M<sup>2</sup>  
<sup>1</sup> Fondazione Umberto Veronesi (Milano, Italy)  
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<sup>3</sup> Department of Neuroscience, Erasmus MC, (Rotterdam, the Netherlands)

In the central nervous system, the contact sensing combines with complex signaling patterns that are integrated by cells leading to cytoskeleton remodeling to establish neuronal adhesion, migration, growth-cone path-finding and the final neuronal architecture and plasticity. Focal adhesions (FAs) act as sensors by integrating signals from both the extracellular matrix environment and chemo-attractive/repulsive factors, orchestrating cytoskeleton dynamical shaping.

In order to study cell contact sensing, one promising approach exploits nano/micro-structured substrates. These systems allow to finely controlling the properties of the extracellular environment in vitro. Nano-engineered substrates are in fact able to induce specific topographical stimuli to cells, resembling in vitro several features of the physiological extracellular matrix cues.

Although the dynamics of neuronal contact sensing are emerging as crucial for neuronal functionality, little is known about these processes in pathological conditions. Nowadays E3 ubiquitin ligases are increasingly recognized as key regulators of neuronal morphogenesis and connectivity. Among these, Ubiquitin E3a ligase (Ube3a) has a key role in brain functioning. Recent data suggest that the loss of Ube3a is associated with defects in neuronal structure in several brain areas; however how its loss of function results in neurocognitive impairment, the Angelman Syndrome (AS; OMIM 105830), is still unclear.

Here, the role of Ube3a was investigated in neurite contact guidance during neuronal development *in vitro*. We studied the contact sensing of Wild-Type (WT) and Ube3a-KO neurons by exploiting nano-grooved substrates with different topographical characteristics with the aim to compare the capability of neurons to read and follow physical directional stimuli. As expected, WT neurons could polarize along the NGs, showing efficient neurite alignment. Conversely, in Ube3a-KO neurons mechanotransduction was less efficient, as highlighted by an initial loss of cell polarization and neurite alignment. In order to evaluate if this behavior was due to altered adhesion mechanisms in Ube3a-KO neurons, the activation of FA pathway was investigated, at level of focal adhesion kinase (FAK) and paxillin (PAX). We found that this behavior is linked to an impaired activation of FA pathway.

Overall, our results indicate that neuronal topography sensing machinery might be affected in Angelman Syndrome.

**Elles van der Louw (ENCORE Expertise Centre for Angelman Syndrome, Erasmus MC, Sophia Children's Hospital, Rotterdam, the Netherlands)**

**Title:** Dietary therapy of children with Angelman Syndrome and refractory epilepsy; design of a randomized controlled trial.

**Abstract:**

Elles J.T.M. van der Louw, RD<sup>1</sup>, Karen C.B. Bindels- de Heus MD<sup>2</sup>, Sabine.E. Mous, Msc PhD<sup>3</sup>, Joanne F Olieman, RD, PhD<sup>1</sup>, Sylvia Walet, RD<sup>1</sup>, Marit Verhagen, RD<sup>1</sup>, Andre B. Rietman, PhD<sup>3</sup>, Marie Claire.Y. de Wit, MD, PhD<sup>4</sup>

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<sup>4</sup> Dept. of Neurology, Erasmus University Hospital Sophia Children's Hospital, Rotterdam, The Netherlands

**Background**

The majority of children with Angelman Syndrome (AS) have intractable epilepsy. Additional (non-pharmacological) treatment options are needed, like dietary regimes. Studies

show low glycemic index diet (LGID) to be successful and ketosis should have no beneficial effect. Due to typical feeding difficulties, behavioral and medical problems strict dietary regimes like classical ketogenic diet (KD), which induces ketogenesis, is believed not to be feasible in AS. Our daily practice shows increased seizure reduction when reaching ketosis or medium chain triglycerides (MCT fat) use and unexpected feasibility reported by parents.

**Methods/design**

A group of 20 patients will be randomized after one month optimal anti-epileptic drugs (AED) use into a ketogenic diet (KD) group (n=10) and control group (n=10). The KD consists of 90 energy% of fat of which 15 energy% of MCT fat and 5 energy% of carbohydrates. The control group (n=10) maintains AED use. After 3 months patients with success on KD switch to Modified Atkins Diet (MAD) which consist of 30 grams of carbohydrates per day, fat and protein intake at libitum, while continuing 15 energy% of MCT fat use. The control group starts KD treatment for 3 months. Epilepsy dairies, questionnaires of Qol, feeding difficulties and parental stress are used baseline, 4 and 7 months.

**Aim**

Determine effectiveness (50% or more seizure reduction) of dietary treatment based on reaching adequate ketosis (3-4+ mmol/l in blood) with respect to Qol, feasibility, parental coping and stress. Determine maintenance of seizure reduction on moderate diet MAD.

**Jeanne Wolstencroft, Imagine ID (UCL, University of London, UK)**

**Title:** A study of intellectual disability, mental health and genetics.

**Abstract:**

When a child is diagnosed with a rare genetic change there is often limited knowledge available for doctors to answer parents' next question: "So what does this mean for my child?" The IMAGINE ID study aims to answer this question by investigating the relationship between genetic changes, development and behaviour in children with intellectual disability.

## UK

### **A.S.S.E.R.T**

[www.angelmanuk.org](http://www.angelmanuk.org)

Rachel Martin  
Rich Williams  
Lisa Court  
Katie Cunnea  
Andrea Baines  
Catrina Fraser  
Mairi Leith-McGaw  
Sue Williams  
Jonathan Allen  
Sian Cartwright  
Diane Fox-Jones  
Linda Holmes

## The Netherlands

### **NINA Foundation**

[www.ninafoundation.eu](http://www.ninafoundation.eu)

Betty Willemsen,  
Martijn van Steensel

### **Angelman Syndrome Nederland (formerly PWAV)**

[www.angelmansyndroom.nl](http://www.angelmansyndroom.nl)

Johan Klein  
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## Switzerland

### **Angelman Verein Schweiz**

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Karen Jones

## France

### **Association Francaise du Syndrome D'Angelman (AFSA)**

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## Germany

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## Portugal

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[www.sindromediangelman.org](http://www.sindromediangelman.org)

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#### **Pitt-Hopkins UK**

[www.pitthopkins.org.uk](http://www.pitthopkins.org.uk)

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### France

#### **Syndrome Angelman - France (SaF)**

[www.syndromeangelman-france.org](http://www.syndromeangelman-france.org)

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Thank you!